



# Destination HealthCare Stroke Recovery™

When it comes to recovery following stroke, outcomes matter. You want to regain the active life you experienced before your stroke. Unfortunately, the medical and insurance benefit focus generally found in America emphasizes adaptive living over active living.

**Destination HealthCare™ is built on a foundation of access, affordability, and premier outcomes.**

The First Teaching Hospital of Tianjin University, the global leader in stroke recovery outcomes, provides medical services for China Connection Global Healthcare's Destination HealthCare Stroke Recovery™. First Teaching Hospital is an internationally recognized Center of Excellence that provides the best in:

- Access – The hospital treated just over 358,000 stroke cases in 2009, more than any other hospital in the world.
- Affordability – With a base cost of \$21,975 for the 90-day program, Destination HealthCare Stroke Recovery is 80% less expensive than comparable programs.
- Premier Outcomes – First Teaching Hospital achieves some of the best outcomes in stroke recovery, regardless of location.

The statistics support the differences in access and experience. Here's how First Teaching Hospital compares with the top five neurology specialty hospitals in America as ranked by US News & World Report.

Hospital	Number of Stroke Cases	Number of Hospital Admissions	Healthgrade Review of Outcomes <sup>1</sup>
First Teaching Hospital	358,000	1,867,380	Best <sup>2</sup>
Mayo Clinic	4,000	514,000	As Expected
Johns Hopkins Hospital	Not available	97,440	As Expected
University of California Hospital (San Francisco)	Not available	29,043 (inpatient only)	As Expected
Massachusetts General Hospital	1,303	1,500,000	Poor
NY - Presbyterian University Hospital of Columbia & Cornell	Not available	114,628	Best

**When it comes to your recovery, we know good isn't good enough.**

While access and affordability are important, we understand that a premier outcome must be foremost. We evaluated First Teaching Hospital using our rigorous, proprietary credentialing procedures. We monitor patient results, in person and through reviews of records, using 16 separate factors.

<sup>1</sup> 2010 Hospital Quality Ratings: Stroke, Healthgrade

<sup>2</sup> Based on independent assessment using Healthgrade criteria

# THE DESTINATION HEALTHCARE™ DIFFERENCE

Criterion	Destination HealthCare Stroke Recovery™	United States
Walking without assistance	85%	51% <sup>3</sup>
Improvements in range of motion		
Shoulder	150% - supine 95% - upright	50% <sup>1, 4</sup>
Elbow	195% - flexion	
Wrist	100%	
Fingers	85% - flexion 75% - individual finger control	
Leg/Foot	85% - total knee flexion 95% - flex to 85 degrees or better	
Sensation and feeling	95%	Not reported <sup>4</sup>
Blood pressure return to normal range	100%	Not reported <sup>4</sup>
Balance (Able to rise from seated position to standing with no assistance)	85%	Not reported <sup>4</sup>
Improvement in cognitive function		74% <sup>1</sup>
Memory	80%	
Communicate clearly	80%	
Able to follow directions	85%	
Circulation	100% increased blood flow 85% improved cholesterol levels to normal range	Not reported <sup>4</sup>
Number of medications	54% of patients reduced number of medications 46% require no further medications	Not reported <sup>4</sup>
Return to home	98%	68%

We know that international destination healthcare can seem daunting, and **many ask the important question, “Why China?”** The answers are simple and straightforward. China Connection Global Healthcare Destination HealthCare Stroke Recovery™ connects you with:

- Premier outcomes from the world leader in stroke rehabilitation
- Integrated Medicine, the powerful convergence of Western and Traditional Chinese Medicine techniques  
Proprietary techniques available only at First Teaching Hospital
- More than 490 hours of treatment during the 90-day intensive program, over 240 hours under the direct care of your physician
- English speaking doctors and nurses, along with support from CCGH's own staff in Tianjin
- Insurance claims support
- Arrangements that support tax deduction and medical reimbursement plan eligibility
- Continuity of care arrangements that support you before and after your Destination HealthCare™ experience

**We would be honored to be your choice for recovery. For more, visit us at [www.chinaconnection.cc](http://www.chinaconnection.cc) or contact us at 720-324-5000.**

<sup>3</sup> Paul Coverdell National Acute Stroke Registry Surveillance

<sup>4</sup> US Centers for Disease Control, National Institute of Health Statistics and Dr. Lee Schwamm, Professor, Harvard Medical School